



Sollievo / Relief Touch: Ayurvedic Oil for Scalp and Hair

Sollievo is an Ayurvedic oil that transforms your scalp. It's been created to purify and soothe the scalp.

When the scalp feels impure, flaky, irritated, or unbalanced, this oil helps restore comfort and clarity.

What does Sollievo / Relief Touch do for your hair?

Inspired by Ayurvedic tradition, Sollievo works to calm discomfort while supporting the skin's natural renewal process. It softens and cleans the scalp, rebalances and helps relieve persistent dermatitis and itching. Its formula nourishes the skin while restoring vitality and shine to the hair.

How to use Sollievo

Sollievo is not a cream or a mask, but a true **integrative treatment**.

- ❖ **For a complete treatment:** Apply the oil to dry hair, from scalp to ends. Leave on for the recommended amount of time.
- ❖ **After application:** wash with your usual **gentle shampoo**, as shown in my video (*How to wash your hair after treatment*).

Herbalized Ayurvedic oils must always be applied to **dry hair**, left on for the suggested time, and followed by shampoo.

Additional benefits of Sollievo

- ❖ **Impure scalp:** Sollievo is especially beneficial for those with an impure or reactive scalp. It can be combined with complementary Ayurvedic treatments to support long-term scalp wellness.
- ❖ **Seasonality:** Ideal at any time when scalp issues are present.
- ❖ **Wellbeing and relaxation:** A gentle scalp massage with Sollievo offers immediate relief and a sense of calm, helping the skin to breathe and regenerate naturally even in case of psoriasis.

Sollievo / Relief Touch: Nature's way of caring for your scalp.